



Bulletin of Rotary Chandigarh Tricity

Rotary Year 2025-26

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IOCL CSR Grant for RSIC facilitated by RID 3080 CSR Chair PP Rtn Deepak Sood in association with Rotary Chandigarh Tricity



Inauguration by Executive Director IOCL, Mr Ashutosh Gupta and Rotary International District 3080 Governor Rtn Ravi Prakash

President Kulbir Bhatia said, “It gives us immense pride to share that Rotary Club Chandigarh Tricity, under CSR initiative of Indian Oil Corporation Limited (IOCL), has facilitated the donation of an Echocardiography Machine and Endoscopy Instruments to Regional Spine Injury Centre (RSIC), Mohali.”

This is truly one of the most prestigious and impactful project of our club held on 11 May 2026 at RSIC, Mohali.

In his address, President Kulbir gratefully acknowledged the installation of above machines at the RSIC, made possible through the generous CSR support of Indian Oil Corporation Limited (IOCL).

Director RSIC, Dr. Raj Bahadur, thanked Executive Director IOCL, Mr. Ashutosh Gupta, for the CSR grant of ₹60 lakh towards these machines, which will significantly enhance patient care and treatment facilities at the RSIC.

DG Ravi Prakash congratulated Dr. Raj Bahadur for securing the machines through the generous contribution of IOCL. He expressed his great appreciation to ED IOCL, Mr. Ashutosh Gupta and also acknowledged the sincere efforts of CSR District Chair PP Deepak Sood for coordinating effectively with IOCL officers, who were extremely cooperative and meticulous in facilitating the release of funds.

Executive Director IOCL, Mr. Ashutosh Gupta, stated that IOCL remains firmly committed to supporting social welfare initiatives and will always continue contributing towards public welfare activities. He also acknowledged the dedicated efforts of his officers, Mr. A.K. Raina, GM-CSR; Mr. Anurag, GM-HR; and Mr. Arif Akhtar, to make this contribution possible.

In his address, PP Deepak Sood expressed immense gratitude to Executive Director IOCL Mr. Ashutosh Gupta and other IOCL officers, or their generosity and efficiency in releasing the grant in the shortest possible time.

PP Deepak Sood further shared that the CSR grant for RSIC was conceptualized by PP Dr. VJS Vohra, who introduced him to Rotary and later connected him with Dr. Raj Bahadur.

Large number of Rotarians present from other clubs included DG Ravi Prakash. District First Lady Rtn Shalini Prakash, AG KK Walia with Ptr Manjula Walia, PP Anil Chadha, PP AP Singh and Rtn Dr Manish Rai.

Tricitizens present were: President Kulbir Bhatia, PP Deepak Sood, PP Dr VJS Vohra, PE Amritpal Bhabra, Rtn Deepak Sharma, Rtn Sanjay Malhotra with R’Ann Ninu Malhotra, Rtn Anupam Jain, Rtn Purnima Sood, Rtn Harpreet Kaur, Rtn Surjit Singh, Rtn Rambir Chauhan, Rtn Dr Raj Bahadur and Rtn Arif Akhtar.



In his message PDG Praveen Goyal stated, “Heartiest congratulations to President Rtn. Kulbir Bhatia, for spearheading a truly remarkable and impactful healthcare initiative. The installation of the Echocardiography Machine and Endoscopy Instruments at Regional Spinal Injuries Centre, made possible through the CSR support of Indian Oil Corporation Limited, reflects Rotary’s unwavering commitment towards strengthening medical infrastructure and serving humanity with compassion. This prestigious project will significantly enhance diagnostic and treatment facilities, bringing hope and improved healthcare access to countless patients. Your visionary leadership and dedication to meaningful service continue to inspire fellow Rotarians and the community alike.”



ED IOCL Mr. Ashutosh Gupta, DG Ravi Prakash, and fellow Rotarians are delighted to see installation in the Echocardiography Lab



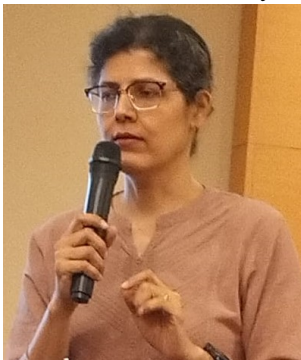
Motivating addresses by Mr Ashutosh Gupta, DG Ravi Prakash, Dr Raj Bahadur, PP Deepak Sood, and President Kulbir Bhatia - sharing vision, leadership, and inspiration



A vibrant gathering of IOCL Officers, Rotarians and R'Anns at RSIC

Regular meeting of Rotary Chandigarh Tricity

In our regular meeting on 08 May 2026 President Kulbir Singh Bhatia welcomed Dr. Harshneet Kaur as our Keynote Speaker. She was formally introduced by Rtn Sanjay Malhotra as a distinguished musculoskeletal physiotherapist and pain rehabilitation consultant with over 20 years of clinical experience.



Dr. Harshneet Kaur

Dr. Kaur is the founder of Dr. Harshneet's PhysioHealth Solutions and currently serves as a Senior Consultant Physiotherapist at Cloudnine Hospital, Chandigarh. She is a graduate from M.G.M Medical College, Indore, and holds a Master of Physiotherapy (MPT) in Musculoskeletal Conditions from the renowned Dr. D.Y. Patil College of Physiotherapy in Mumbai. Clinical Expertise: Dr. Kaur specializes in advanced, evidence-based manual therapy techniques. Her work focuses on correcting biomechanics, posture, and joint malalignment to help patients move better without the need for surgery. Experience: Her career includes foundational roles at Dr. D.Y. Patil Hospital and IVY Hospital, Mohali, along with specialized training in cancer rehabilitation at Tata Memorial Hospital. Beyond her clinic, Dr. Kaur is a passionate educator who has collaborated with organizations like Infosys, ISB, and the Air Force Station to promote workplace ergonomics and preventive care. Her mission is simple yet powerful: To help people overcome the fear of pain and lead high-quality lives through advanced rehabilitation.

In a highly informative and engaging presentation, Dr. Harshneet spoke about various medications, stress management, total knee replacement, spinal surgery and other ailments, while explaining the vital role of physiotherapy in pain management. She emphasized that spinal ailments and chronic pain are not lifelong conditions and advised patients to seek guidance from qualified professionals, rather than fall prey to myths and misconceptions. She also discussed various strategies for pain relief and recovery. Thanking Dr. Harshneet for her professional and enlightening talk, PP Rtn Dr. VJS Vohra briefly highlighted the importance of consulting physiotherapists and the significant role they play in providing relief and improving patients' quality of life.



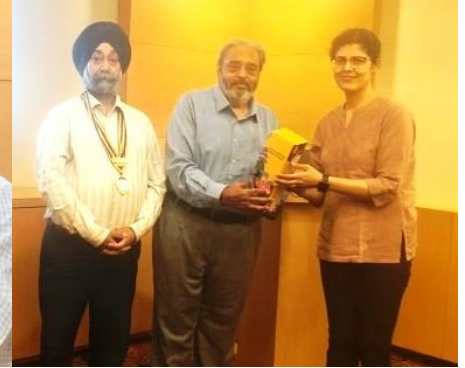
Collar presented to President Rtn Kulbir Bhatia by Sergeant-at-Arms PP Rtn Dr VJS Vohra



Welcome address by President Kulbir Bhatia



Introduction of keynote speaker by Rtn Sanjay Malhotra



Token of appreciation presented to Dr Harshneet Kaur by PP Dr VJS Vohra. Looking on is President Kulbir Bhatia

May Celebrations and a Special Virtual Connection: In the month of May we had wedding anniversary of Rtn Deepak Gupta & R'Ann Josephine Estrada Gupta on 2nd May, wedding anniversary of PP Rtn Dr VJS Vohra & Rtn Indu Vohra on 21st May and birthday of Rtn Deepak Gupta on 30th May.

Distance was also easily and happily bridged as we connected with Rtn Deepak Gupta in Philippines via a live video call. Following the adjournment by President Kulbir, the celebrations moved into a lively fellowship and a sumptuous dinner.

CSR grants for other clubs facilitated by District CSR Chair PP Deepak Sood, making meaningful impact

Rotary Club Chandigarh Shivalik: CSR grant from NBCC, facilitated the donation of a well-equipped ambulance to "Hospice"-Aasra Terminal Care Home, adopted by Rotary Chandigarh Shivalik. The dedicated efforts of District Chair CSR, Deepak Sood, in successfully implementing the project were highly appreciated during the official visit of District Governor Ravi Prakash to the club.

A token of appreciation was presented to PP Deepak Sood by Club President Rajesh Chadha, accompanied by R'Ann Guneeta, in the gracious presence of DG Ravi Prakash.



Token of appreciation to PP Deepak Sood by President Rajesh Chadha

Rotary Club Shimla, in another significant healthcare initiative, through efforts by PP Deepak Sood a CSR grant from Indian Oil Corporation Limited, provided an Ultrasound Machine and Eva Pro Digital Colposcope to Kamla Nehru Hospital on 2 May 2026. The equipment was inaugurated by MLA Shimla Urban Harish Janartha in the gracious presence of DG Ravi Prakash.



Seen with DG Ravi Prakash, PDG VP Kalta and other Rotarians, planters were presented to PP Deepak Sood and Rtn Purnima Sood

Gracious Presence of Hon'ble Governor of Punjab at Blood Donation Camp



On 18 May 2026, on behalf of the Rotary Club Chandigarh Tricity, President Rtn Kulbir Bhatia had the honour of presenting a bouquet to the Hon'ble Governor of Punjab and Administrator, UT Chandigarh, Shri Gulab Chand Kataria, during a Blood Donation Camp organized by the club.

The camp was a great success, with a remarkable collection of 290 units of blood. Heartfelt thanks to PP Rtn Salil Dev Bali for generously sponsoring the refreshments for the donors and volunteers.

The event was attended by President Rtn Kulbir Bhatia, PE Rtn Amritpal Bhambra, and Secretary Rtn Rinku Prasad. Former Mayor of Chandigarh, Shri Kewal Krishan Adiwali, a close friend of PP Dr. VJS Vohra, also graced the occasion with his presence.

Another Blood Donation Camp Graced by the Presence of Member of Parliament



Bouquets were presented to MP Satnam Singh Sandhu and BJP Leader Sanjay Tandon by President Kulbir Bhatia

A Blood Donation and Medical Check-up Camp was organized on 03 May 2026 in collaboration with Sanatan Dharam Mandir Sabha and Young Heart Senior Citizen Association at Sector 22-B, Chandigarh.

The gracious presence of Rajya Sabha MP Shri Satnam Singh Sandhu and BJP leader Shri Sanjay Tandon inspired donors to come forward in large numbers and contribute to this noble cause.

Blood donors from our club were Secretary Rtn Rinku Prasad, President Kulbir Bhatia's son Gursidak Bhatia, along with his friends Sinardeep Singh and Chetan Bhatti.



Young donors from our Club Secretary Rinku and President's son Gursidak. Appreciating them are President Kulbir Bhatia and PE Amritpal Bhambra

District Governor's Official Visit to Rotary Club in Zirakpur

Invited by President Rtn Vinod Manchanda, PP Dr VJS Vohra attended the official visit of DG Ravi Prakash and Rtn Shalini Prakash to Rotary Chandigarh Periphery Zirakpur at Royale Estate, Zirakpur. They also spent some time at Nevedac Prosthetic Clinic, and appreciated the Prosthetic facilities. AG KK Walia was also present.



DG Ravi Prakash was pleased to see the distribution of brand new shoes and T shirts to needy persons by Rotary Chandigarh Periphery



Token of respect presented to DG Ravi Prakash and AG KK Walia by President Vinod Manchanda at Nevedac Prosthetic Clinic