

Rotary
Chandigarh Tricity



**UNITE
FOR
GOOD**



Bulletin of Rotary Chandigarh Tricity

Rotary Year 2025-26

RI President Rtn Francesco Arezzo	District Governor Rtn Ravi Prakash	Club President Rtn Kulbir Singh Bhatia	Club Secretary Rtn Rinku Parsad	Editor PP Rtn Dr VJS Vohra
---	--	--	---	--------------------------------------

Rotary Public Image is being projected through our Bulletins which are being mailed all over the world to large number of non-Rotarians and Rotarians. This bulletin is having global viewing through [Facebook](#), Whatsapp and other social media platforms.

Felicitations of
Rtn. Dr Raj Bahadur
President, AIIMS Rishikesh

Held on
3rd September 2025
At
Hotel Hometel, Industrial Area, Chandigarh

Rotary
Service Above Self

Bulletin No. 04/25-26
Dated: September 2025
For Private Circulation only

[Click here to see live streaming of the meeting on Facebook](#)

In our regular meeting held on 3rd September 2025 President Rtn Kulbir Singh Bhatia gave a warm welcome to the Keynote Speaker Rtn Dr Raj Bahadur and his wife, R'Ann Lalit Joshi.



Dr Raj Bahadur

Prof Dr Raj Bahadur was formally introduced by PP Rtn Dr VJS Vohra, who heartily congratulated him for his prestigious appointment as President of AIIMS, Rishikesh.

Dr Raj Bahadur specializes in spinal surgery and joint replacement.

Dr Raj Bahadur is;

- Former Director-Principal of Government Medical College and Hospital (GMCH) in Chandigarh.
- Former head of Department of Orthopaedics at PGI, Chandigarh.
- Vice-Chancellor of Baba Farid University of Health Science in Faridkot.
- Currently he is Project Director and Member Secretary of the Regional Spinal Injuries Centre in Mohali.

He has special expertise in General Orthopedic Surgery, Orthopedic Education, Spinal surgery & joint replacement.



Sergeant-at-Arms PP Rtn Dr VJS Vohra performs the collar ceremony for President Rtn Kulbir Bhatia. Looking on are Rtn Dr Raj Bahadur and Secretary Rtn Rinku Prasad

Dr. Raj Bahadur has a vast experience in spinal surgery. He has done twenty thousand spinal surgeries at GMCH and PGI in Chandigarh and at Regional Spinal Injuries Centre (RSIC) in Mohali, Guru Gobind Singh Medical College & Hospital in Faridkot and Civil Hospital located in Jalalabad. He treated major Spinal Injuries in the rural and border areas of Punjab totally free of cost.

It is a great honour that Dr Raj Bahadur is a member of Rotary Chandigarh Tricity.



Mementos presented to Dr Raj Bahadur and Mrs Lalit Joshi

Some years ago, he was inducted as Paul Harris Fellow by Past Rotary International President, Rtn Raja Saboo, because Dr Raj Bahadur was a big support when he was director of GMCH. And in that capacity, he had helped Rotary to arrange medical camps, not only in Chandigarh, India, but abroad also.

His wife Mrs Lalit Joshi is Advocate and is the first Congress Mayor of Chandigarh, former All India Vice President Congress Mahila and former President Mahila Congress, Chandigarh.

Flashback of the projects and activities of our club done during the current Rotary year, that is, from 01 July 2025 till date was given by President Kulbir. Details of these activities are reported in our previous bulletins.

Invocation: With deep sincerity and devotion, Rtn. Parul Bali offered a blissful invocation about Lord Ganesha, chanting the Vedic mantra to seek His blessings. Her heartfelt prayer filled the atmosphere with positivity, invoking the Lord's grace to remove obstacles and ensure success in all our endeavors.



President Kulbir Bhatia



Rtn Parul Bali

Very interesting address by Dr Raj Bahadur: He said, "To call one of the members as a keynote speaker, I think, is not fair, as I am one of you. Last time, you all listened to Brig. Surinder Singh, who fought in the Kargil war. It was very fascinating for all of us, because we did not participate in any war, but the impressions and experiences shared by the Brigadier gave us a glimpse of what people go through in such times."

Instead of speaking about surgery, Dr. Raj Bahadur chose to reflect on the journey that everyone goes through in life. He shared his own journey of last 50 years, beginning with his graduation from DAV College Jullundar, which was the top college of North India, where he ranked third in Panjab University. He also spoke about his enriching experiences at Medical College, Shimla, under Central Health services.

The teachers came from the Central Health Services and were highly competent. The most important aspect was that all of them were also part of the Central Health Services. They did not engage in any private practice, either within or outside the hospital. This allowed them to remain fully dedicated to the care of both students and patients. As a result, the students were able to learn a great deal in the college.



Interesting talk by Dr Raj Bahadur - [Live on Facebook](#)



A teetotaler to this day, Dr. Raj Bahadur candidly admitted, “Most of the students had the bad habit of drinking in medical college. This was something new for me.” He recalled that during his earlier education at D.A.V. College, even eggs were not allowed. He also shared some good days in the medical college as he introduced Bhangra, something new at that time in Himachal Pradesh. Studying in the medical college is tough and students have to put in lot of efforts to get through. He also talked about the unity of the students and the fun they had.

Dr. Raj Bahadur also remembered Professor P.N. Chutani, the towering physician who was then Director of PGI. As an examiner in medicine, Prof. Chutani was known for his strict belief that at least 50% of the class must fail. He fondly shared memorable experiences with eminent surgeons and spoke of his academic journey at Banaras University and later in the UK, where he performed numerous surgeries and carried out significant research on a scholarship of 400 pounds.

Looking back on his illustrious career, he highlighted his dedicated professional expertise as an orthopaedic surgeon at PGI, Director of GMCH-32, Vice Chancellor of Baba Farid University, and Director of the Regional Spinal Injuries Centre, Mohali, where he continues to serve since many years.

On the lighter side, at the request of Rtn Dr. Vohra, whose co-brother was senior to him in the medical college, Dr. Raj Bahadur narrated his experiences with ragging in Shimla. He recounted these incidents with humour, though he acknowledged the seriousness of the menace, especially in medical colleges where juniors were the main targets. In one extreme case, a student even attempted suicide. Thankfully, he survived and went on to own a large hospital later in life, in Delhi.

As on today, ragging is strictly banned by law and by all educational institutions, ensuring that such practices are no longer tolerated.

To watch complete address by Dr Raj Bahudur, [Click here](#) - [Live on Facebook](#).



Introduction of Keynote speaker by PP Dr VJS Vohra



Introduction of new member by PP Rtn Deepak Sood



Dr Raj Bahadur presents lapel pin to Rtn Arshdeep Singh



Vote of thanks by PP Rtn Salil Bali



“I am ok today”, says Rtn Ashok Batra, patient of Dr Raj Bahadur, expressing gratitude to him



Er Sandeep Garg, Supt Engineer, B&R Wing inducted as our member. He was accompanied by his wife and son



Dr Raj Bahadur presents punctuality award to Rtn Purnima Sood



Glimpses of meeting followed by fellowship

Congratulations Rtn Dr Raj Bahadur



Rtn Dr Raj Bahadur awarded "Sanatan Rattan" by Vishav Sanatan Dharm Sabha by Governor of Punjab Gulab Chand Kataria and Kumar Swami world President

Congratulations Rtn Anupam and Rtn Rakesh Jain



"Sanatan Rattan" by Vishav Sanatan Dharm Sabha awarded by Governor of Punjab Gulab Chand Kataria to Adarsh Garg, son-in-law of Rtn Anupam and Rtn Rakesh Jain

Broadcast by Akashvani, Patiala regarding Rotary Chandigarh Tricity



[Click here.](#) Broadcast by Akashvani, Patiala at 6.15 pm, 8.10 pm and 10.30 pm, on September 04, 2025, regarding the Rotary Chandigarh Tricity, Project at Patiala by Rtn Dr Jaswant Singh Puri